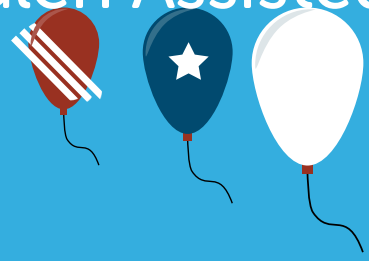
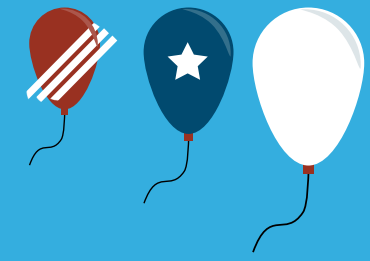


# Wesley Glen Assisted Living



# HAPPY LABOR DAY



SEPTEMBER 2022

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

## Meeting Places

- 5S 5 South Lounge
- RR Ravine Room
- AUD Auditorium
- IHC In-House Channel (1851)
- AD Adult Day Care
- RP Room Pass
- AUD Auditorium and In-House Channel (1851)
- IHC
- WC Wellness Center
- RV Room Visits
- FD Front Drive
- ALDR Assisted living Dining Room

*Lori Doughty Assisted Living Life Enrichment Coordinator ldoughty@thewesleyw*

## Happy Birthday

Bert O'Connell 9/2

Jean Beckett 9/6

Betsy Shook 9/9

Jim Layden 9/12

Bob Odenweller 9/19

Allison Burns 9/20

Mike Tynan 9/21

Roger Rice 9/30

SEPTEMBER 2022	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
	All activities are subject to change with notice						<b>01</b>	<b>02</b>	<b>03</b>
					08:30 Mindfulness Meditation RR 09:30 Wesley Glen Today IHC 10:00 Exercise AUD 10:30 Worship Service for AL AUD 01:30 Make Cherry Sugar Scrub & Hand massage with Sugar Scrub AD	08:30 Mindfulness Meditation RR 09:30 Wesley Glen Today IHC 10:00 Daily Chronicle/Today is Special SS 11:00 Odds and Ends SS 01:30 Tailgate Party AD 02:00 Movie AD	09:30 Puzzle Packs RP 01:00 Mail Cart RP 02:00 Saturday Social SS 03:00 Praying the Rosary RR		
	<b>04</b>	<b>Labor Day 05</b>	<b>06</b>	<b>07</b>	<b>08</b>	<b>09</b>	<b>10</b>		
	09:00 Worship Service from Trinity UMC IHC 03:00 Ecumenical Vespers Worship Service AUD & IHC 04:00 4:00 Catholic TV Mass (IHC) IHC	08:30 Mindfulness Meditation RR 09:30 Wesley Glen Today IHC 10:00 Daily Chronicle/Today is Special SS 11:00 Wacky Words SS 11:00 Chair Yoga IHC 11:00 Exercises-Weights SS 01:30 Wheel of Fortune SS 02:30 Cornhole & Snacks and refreshments RR	08:30 Mindfulness Meditation RR 09:30 Wesley Glen Today IHC 10:00 Daily Chronicle/Today is Special SS 11:00 Mind Games SS 01:30 Jeopardy SS 02:30 Word Scrambles SS 03:30 Would you Rather SS	09:30 Wesley Glen Today IHC 10:00 Mobility Walk & Hydration RR 11:00 Outing to Wendy's and the park WC 02:00 Ice Cream Social SS 03:00 Words that Start with... SS	08:30 Mindfulness Meditation RR 09:30 Wesley Glen Today IHC 10:00 Exercise AUD 11:00 Meet A Resident SS 02:00 Entertainment with Todd Berry AUD 03:30 Wheel of Fortune SS	08:30 Mindfulness Meditation RR 09:30 Wesley Glen Today IHC 10:00 Daily Chronicle/Today is Special SS 11:00 Odds and Ends SS 02:00 Movie & Popcorn RR	09:30 Puzzle Packs RP 01:00 Mail Cart RP 02:00 Saturday Social SS 03:00 Praying the Rosary RR		
	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>		
	09:00 Worship Service from Trinity UMC IHC 03:00 Ecumenical Vespers Worship Service AUD & IHC 04:00 4:00 Catholic TV Mass (IHC) IHC	08:30 Mindfulness Meditation RR 09:30 Wesley Glen Today IHC 10:00 Daily Chronicle/Today is Special SS 11:00 Chair Yoga IHC 11:00 Exercises-Weights SS 02:00 Chimes with Mary Kerr AUD 02:00 National Milkshake Day SS 03:30 Cornhole RR	08:30 Mindfulness Meditation RR 09:30 Wesley Glen Today IHC 10:00 Daily Chronicle/Today is Special SS 11:00 Mind Games SS 01:30 Jeopardy SS 01:30 Make Wanted Posters and take pictures of Residents for posters. SS 02:30 Word Scrambles & Pass SS	09:30 Wesley Glen Today IHC 10:00 Mobility Walk & Hydration RR 10:00 Joe & Scout RV 02:00 Western Day Front Drive FD 02:30 Catholic Mass AUD	08:30 Mindfulness Meditation RR 09:30 Wesley Glen Today IHC 10:00 Exercise AUD 10:30 Worship Service for AL AUD 11:00 Meet A Resident SS 12:30 Birthday Party ALDR 03:00 Words that Start with... SS	08:30 Mindfulness Meditation RR 09:30 Wesley Glen Today IHC 10:00 Daily Chronicle/Today is Special SS 11:00 Odds and Ends SS 02:00 Movie & Popcorn RR 07:00 String Trio Orchestra (AUD) AUD	09:30 Puzzle Packs RP 01:00 Mail Cart RP 02:00 Saturday Social SS 03:00 Praying the Rosary RR		
	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>		
	09:00 Worship Service from Trinity UMC IHC 03:00 Ecumenical Vespers Worship Service AUD & IHC 04:00 4:00 Catholic TV Mass (IHC) IHC	08:30 Mindfulness Meditation RR 09:30 Wesley Glen Today IHC 10:00 Daily Chronicle/Today is Special SS 11:00 Chair Yoga IHC 11:00 Exercises-Weights SS 01:30 Gather into Pirate Crews AUD 02:00 Chimes with Mary Kerr AUD 03:00 Scavenger Hunt (Starts in AUD) Pirate Snack SS	08:30 Mindfulness Meditation RR 09:30 Wesley Glen Today IHC 10:00 Daily Chronicle/Today is Special SS 11:00 Mind Games SS 01:30 Jeopardy SS 02:30 Word Scrambles SS 03:30 Pass the Topic Ball SS	09:30 Wesley Glen Today IHC 10:00 Mobility Walk & Hydration RR 01:30 Waffle Wednesday AD 03:00 Would you Rather AD 04:00 Wind Down with movies & Music AD	08:30 Mindfulness Meditation RR 09:30 Wesley Glen Today IHC 10:00 Exercise AUD 11:00 Guess the Famous Faces/Places SS 01:30 Wheel of Fortune SS	08:30 Mindfulness Meditation RR 09:30 Wesley Glen Today IHC 10:00 Daily Chronicle/Today is Special SS 11:00 Odds and Ends SS 02:00 Movie & Popcorn RR 03:00 Apple dumplings AD	09:30 Puzzle Packs RP 01:00 Mail Cart RP 02:00 Saturday Social SS 03:00 Praying the Rosary RR		
	<b>25</b>	<b>Rosh Hashanah 26</b>	<b>Rosh Hashanah 27</b>	<b>28</b>	<b>29</b>	<b>30</b>			
	<b>Night of Rosh Hashanah</b>	08:30 Mindfulness Meditation RR 09:30 Wesley Glen Today IHC 10:00 Daily Chronicle/Today is Special SS 11:00 Chair Yoga IHC 11:00 Exercises-Weights SS 02:00 Chimes with Mary Kerr AUD 03:15 Cornhole RR	08:30 Mindfulness Meditation RR 09:30 Wesley Glen Today IHC 10:00 Daily Chronicle/Today is Special SS 11:00 Mind Games SS 01:30 Jeopardy SS 02:30 Word Scrambles SS 03:30 Pass the Topic Ball SS	09:30 Wesley Glen Today IHC 10:00 Mobility Walk & Hydration RR 11:30 Massey's Pizza SS 02:30 COPY - Would you Rather AD 03:30 Famous Faces/Places SS	08:30 Mindfulness Meditation RR 09:30 Wesley Glen Today IHC 10:00 Exercise AUD 10:30 Worship Service for AL AUD 01:30 Wheel of Fortune SS 03:30 Fall Craft SS	08:30 Mindfulness Meditation RR 09:30 Wesley Glen Today IHC 10:00 Daily Chronicle/Today is Special SS 11:00 Odds and Ends SS 02:00 Movie & Popcorn RR			