



January

2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<h2>ASSISTED LIVING</h2>			<p>Location Key</p> <p>ALAR Assisted Living Activity Room 5th Fl</p> <p>ALDR Assisted Living Dining Room 6th Fl</p> <p>AUD Auditorium 8th Floor</p> <p>IHC In Home Channel 1851</p> <p>L Library</p> <p>MC Memory Care</p> <p>RR Ravine Room</p> <p>SL South Lobby on 5th Floor</p>				<p>1 HAPPY NEW YEAR</p> <p>9:30 Puzzle Packs</p> <p>10:00 Bingo for Bells</p> <p>1:00 Mail Cart</p> <p>2:00 Crafty Corner</p> <p>3:00 Pray the Rosary (RR)</p> <p>3:15 Visual Reminisce- Ring in the new year.</p>
<p>2</p> <p>9:00 Traditional Worship Service at Trinity UMC (IHC)</p> <p>3:00 Ecumenical Vespers</p> <p>4:00 Catholic TV Mass (IHC)</p>	<p>3</p> <p>9:30 WG Today (ALAR, IHC)</p> <p>10:00 Exercise- Weights</p> <p>10:30 <i>Festival of Sleep Day</i>- are you sleeping, o.k.?</p> <p>12:00 Covid-19 Update (IHC)</p> <p>2:00 Singing Chimes (AUD)</p> <p>3:30 Keep Watch Day</p>	<p>4</p> <p>9:30 WG Today (ALAR, IHC)</p> <p>10:00 Morning Prayer (IHC, AUD)</p> <p>10:00 Exercise</p> <p>10:30 Trivia Day</p> <p>2:00 Meet a Resident</p> <p>3:00 Music Bingo</p>	<p>5 Happy Birthday</p> <p>Happy Anniversary Wesley Glen</p> <p>9:30 WG Today (ALAR, IHC)</p> <p>10:00 Exercise</p> <p>10:00 WG Book Club (L)</p> <p>10:30 Today is Special</p> <p>1:30 Bible Study on Luke (RR)</p> <p>3:00 Drama Club Reading</p> <p>4:30-6:30 Wade Jones</p> <p>Performs in the Dining Room</p> <p>7:00 ED-Com (AUD)</p>	<p>6 Epiphany</p> <p>9:00 Charlie Brown Day</p> <p>9:30 WG Today (ALAR, IHC)</p> <p>10:00 Balance and Brains (AUD)</p> <p>10:30 Worship Service- (AUD)</p> <p>2:00 Cooking-Snowy Kisses</p> <p>3:00 Wheel of Fortune Day</p>	<p>7</p> <p>9:30 WG Today (ALAR, IHC)</p> <p>10:00 Game- Zero Difference</p> <p>10:30 Cookbook Day</p> <p>12:00 Covid-19 Update (IHC)</p> <p>2:00 Little House on the Prairie</p> <p>3:00 Pack up Christmas</p>	<p>8</p> <p>9:30 Puzzle Packs</p> <p>10:00 Bingo</p> <p>1:00 Mail Cart</p> <p>2:00 Crafty Corner</p> <p>3:00 Pray the Rosary (RR)</p>	
<p>9</p> <p>9:00 Traditional Worship Service at Trinity UMC (IHC)</p> <p>3:00 Ecumenical Vespers</p> <p>4:00 Catholic TV Mass (IHC)</p>	<p>10 Houseplant Appreciation Day</p> <p>9:30 WG Today (ALAR, IHC)</p> <p>10:00 Exercise- Weights</p> <p>10:30 Today is Special</p> <p>12:00 Covid-19 Update (IHC)</p> <p>2:00 Singing Chimes (AUD)</p> <p>3:30 Seijin-no-hi" (coming of age in Japan)</p>	<p>11</p> <p>7:30 MENS BREAKFAST</p> <p>9:30 WG Today (ALAR, IHC)</p> <p>10:00 Morning Prayer (IHC, AUD)</p> <p>10:00 Tone It Up Tuesday</p> <p>10:30 Do the Chicken Dance</p> <p>2:00 Let It Snow Day</p> <p>3:00 Wintertime Bingo</p>	<p>12 Birthday Party</p> <p>9:30 WG Today (ALAR, IHC)</p> <p>10:00 Exercise</p> <p>10:30 Therapy Dog- Scout</p> <p>1:30 Bible Study on Luke (RR)</p> <p>2:30 Catholic Mass (AUD)</p> <p>Led by Fr. Sean Dooley of Our Lady of Peace Church</p> <p>4:30 Birthday Picture for January Birthdays</p> <p>Birthday Acknowledgement and cake during diner time</p> <p>7:00 ED-Com (AUD)</p>	<p>13</p> <p>9:30 WG Today (ALAR, IHC)</p> <p>10:00 Balance and Brains (AUD)</p> <p>10:30 Worship Service- (AUD)</p> <p>1:00 One on One Visits</p> <p>2:00 Sticker Day</p> <p>3:00 RESIDENT UPDATE</p>	<p>14</p> <p>9:30 WG Today (ALAR, IHC)</p> <p>10:00 Rubber Ducky Race</p> <p>10:30 Today is Special</p> <p>12:00 Covid-19 Update (IHC)</p> <p>2:00 Little House on the Prairie</p> <p>Strawberry Ice Cream Floats</p> <p>3:00 Weekly Review</p>	<p>15 Happy Birthday</p> <p>9:30 Puzzle Packs</p> <p>10:00 S'mores Bingo</p> <p>1:00 Mail Cart</p> <p>2:00 Crafty Corner- Kinetic Sand</p> <p>3:00 Pray the Rosary (RR)</p>	





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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16 Mr. Sandman" Day 9:00 Traditional Worship Service at Trinity UMC (IHC) 3:00 Ecumenical Vespers 4:00 Catholic TV Mass (IHC)	17 Martin Luther King Day Wolf Moon-Full Moon 9:30 WG Today (ALAR, IHC) 10:00 Exercise- Weights 10:30 MLK Puzzles 12:00 Covid-19 Update (IHC) 2:00 Singing Chimes (AUD) 3:30	18 9:30 WG Today (ALAR, IHC) 10:00 Morning Prayer (IHC only) 10:00 Exercise 10:30 Hawaiian Islands Discovery Day-Trivia 2:00 Meet a Resident 3:00 Drink Some Juice Day Juice tasting	19 7:30 WOMENS WAFFLE WED 9:30 WG Today (ALAR, IHC) 10:00 Exercise 10:30 Dolly word search 1:30 Bible Study on Luke (RR) 2:00 Mexican Train Dominoes 3:00 Happy Birthday, Dolly - What Charity could we help? 7:00 ED-Com (AUD)	20 9:30 WG Today (ALAR, IHC) 10:00 Resident Council (AUD) 10:30 Worship Service- (AUD) 2:00 Penguin Awareness Day 3:00 Global Warming	21 9:30 WG Today (ALAR, IHC) 10:00 Group Game 10:30 Kiwanis Club 12:00 Covid-19 Update (IHC) 2:00 Little House on the Prairie 3:00 Weekly Review	22 9:30 Puzzle Packs 10:00 Bingo 1:00 Mail Cart 2:00 Crafty Corner 3:00 Pray the Rosary (RR)
23 9:00 Traditional Worship Service at Trinity UMC (IHC) 9:30 Praying the Rosary, AUD with Deacon Fortkamp. 10:00 Catholic Liturgy of the Word and Communion, AUD 3:00 Ecumenical Vespers 4:00 Catholic TV Mass (IHC)	24 Belly Laugh Day 9:30 WG Today (ALAR, IHC) 10:00 Exercise- Laughter Therapy 10:30 Mixed Up Hobbies Give a Compliment Day 2:00 Singing Chimes (AUD) The Eyes Have It Day 3:30 visual brain teasers	25 9:30 WG Today (ALAR, IHC) 10:00 Morning Prayer (IHC only) 10:30 Exercise 10:00 -SocksBurns Night matching game 2:00 Tea and Trivia Tuesday	26 9:30 WG Today (ALAR, IHC) 10:00 Exercise 10:30 Today Is Special 1:30 Bible Study on Luke (RR) 2:00 Mexican Train Dominoes 3:00 7:00 ED-Com (AUD)	27 9:30 WG Today (ALAR, IHC) 10:00 10:30 Worship Service- (AUD) 2:00 Star of the Month – Ray Bolger 3:00 National Geographic' interactive website	28 Activity Professional Day 9:30 WG Today (ALAR, IHC) 10:00 Group Game-Socks 10:30 Today is Special 2:00 Little House on the Prairie 3:00 Happy Birthday, Oprah	29 Happy Birthday 9:30 Puzzle Day 10:00 Bingo 1:00 Mail Cart 2:00 Crafty Corner 3:00 Pray the Rosary (RR)
30 9:00 Traditional Worship Service at Trinity UMC (IHC) 3:00 Ecumenical Vespers 4:00 Catholic TV Mass (IHC)	31 Happy Birthday 9:30 WG Today (ALAR, IHC) 10:00 Exercise- laughter Therapy 10:30 Begin at the End Day 2:00 Singing Chimes (AUD)					

Activities subject to change

Wesley Glen Retirement Community 5155 North High Street Columbus Ohio 43214 614-379-3847 Ext 4714

ALL ACTIVITIES ARE HELD IN THE ALAR UNLESS OTHERWISE INDICATED. Activities are subject to change and will be posted on the daily sheet. Outside walks, activities and entertainment are dependent on the Ohio weather..

Online Calendar
<https://www.wesleyglen.com/events/life-enrichment/>
 For more information contact AL Life Enrichment-
 Kimberly khonecker@thewesleyway.org





Edcom is a weekly (Wednesday) takes place in the Auditorium and IHC, this presentation is meant to engage your brain.

This is a resident volunteer lead program. Topics will be listed on the daily sheet.

Daily Sheets are located outside the elevators on the 5th and 6th floor and will note any changes to the calendar.

Balance and Brains exercise, 10:00 Thursdays, this program offered 3-4 times a month and is taught by Spencer who is Wesley Glens exercise physiologist.

Exercise kits are available for sale for use with the In-Home Channel.

Birthday Party

On the 2nd Wed of the month during diner. Cake for all and Birthday acknowledgements.

A list of birthday residents is located by elevators, passed out with monthly calendar and announced on the Wesley Glen today show.

If you would like to hire a birthday entertainer for your loved one, please contact Kimberly.

Today is special because---- This is a weekday program that discussing: This Day in History, Daily Chronicle, National Days, a reason to celebrate every day.

IHC The In-House Channel 1851 on any WG T.V. or residents T.V. This is a Wesley Glen Channel and only available in the community. The IHC offers additional community information, updates or changes, programs offered that day, menu, birthday and anniversary announcement, pictures and upcoming events. IHC is not just typed information but also offers live programming: exercises with our in-house physical therapist, church services, devotions, bingo, trivia games, movies and visually programming to enhance the Life Enrichment themes.

Mail Cart- takes place room to room on 5th and 6th floor. Time frame is usually between 12:00pm-1:30pm.

12/3 3:30 Keep Watch Day-Learn more about the history of wristwatches, interesting video and what are moving clocks.

12/7 Cookbook Day – The Reminisce about favorite recipes today. was first published on this date in 1896 Reminisce about favorite recipes today.

Do you have a family member that would like to participate?

