

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 8:00 Coffee Cart HC2 1 9:30 Morning Classic 10:00 R.O.M. Exercise 10:15 Coffee and Cookies 10:30 Word Search 11:00 Galaxy of the Stars 1:00 Activity visits (HC2) 2:00 Daily Double Bingo 3:30 Snacks & Prizes	8:00 Coffee Cart HC2 1 9:30 Morning Classic 10:00 R.O.M. Exercise 10:15 Coffee and Cookies 10:30 Word Search 11:00 Galaxy of the Stars 1:00 Activity Visits (HC2) 2:00 Daily Double Bingo 3:30 Snacks & Prizes	8:00 Coffee Cart HC2 2 9:30 Morning Classic 9:45 Daily Chronicle 10:00 Life Share Games 11:00 Strength Ball Exercise 1:00 Activity Visits (HC2) 2:00 Pet Therapy Visit with Chester 2:00 Art Studio	8:00 Coffeeshop Cart HC2 3 9:30 Morning Classic 9:45 Daily Chronicle 10:00 B-fit Exercise 10:15 Name that Tune 10:30 Word Find Brain Games 1:00 Activity Visits (HC2) 2:00 Daily Double Bingo 3:30 Snacks & Prizes	8:00 Coffee Cart HC2 4 9:30 Morning Classic 9:45 Daily Chronicle 10:00 B-fit Exercise 10:15 Name that Tune 10:30 Word Find Brain Games 1:00 Activity Visits (HC2) 2:00 Daily Double Bingo 3:30 Snacks & Prizes	9:30 Morning Classic 5 9:45 Daily Chronicle 10:00 Resident Council 11:00 Music & Menu's 1:00 Activity Visits (HC2) 2:00 Friday Afternoon Popcorn & Matinee: Million Dollar Baby starring Clint Eastwood and Hilary Swank	9:30 Morning Classics 6 9:45 Daily Chronicle 10:00 In the News Discussion Group 10:30 Word Search 11:00 Guess What (HC2) 1:00 Activity Visits (HC2) 2:00 Winter Bird Project
9:00 Morning visits 7 10:00 Karaoke to the Hymns 11:00 B-fit Exercise 11:15 Morning Chat 1:00 Activity Visits (HC2) 2:00 Activity Visits (HC1) 3:00 Annual Wesley Glen Memorial Service Daylight Saving Time Ends	8:00 Coffee Cart HC2 8 9:30 Morning Classic 10:00 R O M Exercise 10:15 Coffee and Cookies 10:30 Word Search 11:00 Galaxy of the Stars 1:00 Activity Visits (HC2) 2:00 Daily Double Bingo 3:30 Snacks & Prizes	8:00 Coffee Cart HC2 9 9:30 Morning Classic 9:45 Daily Chronicle 10:00 Life Share Games 11:00 Strength Ball Exercise 1:00 Activity Visits (HC2) 2:00 Pet Therapy Visit with Chester 2:00 Art Studio	8:00 Coffeeshop Cart 10 9:30 Morning Classic 9:45 Daily Chronicle 10:15 Worship Service with Rev. Bruce Tumblin 10:45 UB Exercise 1:00 Activity Visits (HC2) 2:00 Hot Cocoa and Cookies Social 2:30 Catholic Mass (AUD.)	8:00 Coffee Cart HC2 11 9:30 Morning Classic 9:45 Daily Chronicle 10:00 B-fit Exercise 10:15 Name that Tune 10:30 Word Find Brain Games 2:00 Daily Double Bingo 7:00 Veteran's Day Ceremony (AUD & IHC) <small>Veterans Day Remembrance Day (Canada)</small>	9:30 Morning Classic 12 9:45 Daily Chronicle 10:00 Galaxy of the Stars Game 11:00 Music & Menu's 1:00 Activity Visits (HC2) 2:00 Friday Afternoon Popcorn & Matinee: Roman Holiday starring Gregory Peck and Audrey Hepburn	9:30 Morning Classics 13 9:45 Daily Chronicle 10:00 In the News Discussion Group 10:30 Word Search 11:00 Guess What 1:00 Activity Visits (HC2) 2:00 Holiday Crafts
9:00 Morning visits 14 10:00 Karaoke to the Hymns 11:00 B-fit Exercise 11:15 Morning Chat 1:00 Activity Cart (HC2) 2:00 Winter Bird Project 3:00 Vespers (IHC) 4:00 Catholic TV	8:00 Coffee Cart HC2 15 9:30 Morning Classic 10:00 R.O.M. Exercise 10:15 Coffee and Cookies 10:30 Word Search 11:00 Galaxy of the Stars 1:00 Activity Visits (HC2) 2:00 Daily Double Bingo 3:30 Snacks & Prizes	8:00 Coffee Cart HC2 16 9:30 Morning Classic 9:45 Daily Chronicle 10:00 Life Share Games 11:00 Strength Ball Exercise 1:00 Activity Visits (HC2) 2:00 Pet Therapy Visit with Chester 2:00 Art Studio	8:00 Coffeeshop Cart 17 9:30 Morning Classic 9:45 Daily Chronicle 10:15 Worship Service with Chaplain Dawn 10:45 UB Exercise 1:00 Activity Visits (HC2) 2:00 Birthday Party with music by Paul Weiss in the Dining Room	8:00 Coffee Cart HC2 18 9:30 Morning Classic 9:45 Daily Chronicle 10:00 B-fit Exercise 10:15 Name that Tune 10:30 Word Find Brain Games 1:00 Activity Visits (HC2) 2:00 Daily Double Bingo 3:30 Snacks & Prizes	9:30 Morning Classic 19 9:45 Daily Chronicle 10:00 Galaxy of the Stars Game 11:00 Music & Menu's 1:00 Activity Visits (HC2) 2:00 Friday Afternoon Popcorn & Matinee: Sabrina starring Humphrey Bogart and Audrey Hepburn	9:30 Morning Classic 20 9:45 Daily Chronicle 10:00 In the News Discussion Group 10:30 Word Search 11:00 Guess What 1:00 Activity Visits (HC2) 2:00 Tom Turkey Craft
9:00 Morning visits 21 10:00 Karaoke to the Hymns 11:00 B-fit Exercise 11:15 Morning Chat 1:00 Activity Cart (HC2) 2:00 Seasonal Crafts 3:00 Vespers (IHC) 4:00 Catholic TV (IHC)	8:00 Coffee Cart HC2 22 9:30 Morning Classic 10:00 R O M Exercise 10:15 Coffee and Cookies 10:30 Word Search 11:00 Galaxy of the Stars 1:00 Activity Visits (HC2) 2:00 Daily Double Bingo 3:30 Snacks & Prizes	8:00 Coffee Cart HC2 23 9:30 Morning Classic 9:45 Daily Chronicle 10:00 Life Share Games 11:00 Strength Ball Exercise 1:00 Activity Visits (HC2) 2:00 Pet Therapy Visit with Chester 2:00 Art Studio	8:00 Coffeeshop Cart 24 9:30 Morning Classic 9:45 Daily Chronicle 10:15 Bible Trivia 10:45 UB Exercise 11:00 Word Search 1:00 Activity Visits (HC2) 2:00 The Crafty Clay Workshop	8:00 Coffee Cart HC2 25 9:30 Morning Classic 9:45 Daily Chronicle 10:00 B-fit Exercise 10:15 Name that Tune 10:30 Word Find Brain Games 1:00 Activity Visits (HC2) 2:00 Why I'm Thankful Thanksgiving Day Bingo <small>Thanksgiving Day</small>	9:30 Morning Classic 26 9:45 Daily Chronicle 10:00 Galaxy of the Stars Game 11:00 Music & Menu's 1:00 Activity Visits (HC2) 2:00 Friday Afternoon Popcorn & Matinee: Brigadoon starring Gene Kelly and Van Johnson	9:30 Morning Classic 27 9:45 Daily Chronicle 10:00 In the News Discussion Group 10:30 Word Search 11:00 Guess What 1:00 Activity Visits (HC2) 2:00 Holiday Crafts
9:00 Morning visits 28 10:00 Karaoke to the Hymns 11:00 B-fit Exercise 11:15 Morning Chat 1:00 Activity Cart (HC2) 2:00 Seasonal Crafts 3:00 Vespers (IHC) 4:00 Catholic TV (IHC) <small>Hanukkah Begins</small>	8:00 Coffee Cart HC2 29 9:30 Morning Classic 10:00 R.O.M. Exercise 10:15 Coffee and Cookies 10:30 Word Search 11:00 Galaxy of the Stars 1:00 Activity Visits (HC2) 2:00 Daily Double Bingo 3:30 Snacks & Prizes	8:00 Coffee Cart HC2 30 9:30 Morning Classic 9:45 Daily Chronicle 10:00 Life Share Games 11:00 Strength Ball Exercise 1:00 Activity Visits (HC2) 2:00 Pet Therapy Visit with Chester 2:00 Art Studio	 Wesley Glen Health Center Activities November 2021 All Activities are subject to change with notice			

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