


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>All activities are in the Assisted Living Activity Room unless otherwise posted.</p>		<p>Brittany Kendjorsky Assisted Living Activities Coordinator 614-888-7492 x4714 bkendjorsky@mecsrc.com</p>		<p>The * indicates you are welcome to attend independently. Wesley Glen Today Monday-Friday 9:30A.M. In House Channel</p>	<p>1. 10:00 Putting Green 10:00 Bible Study (Garrison Lounge)* 10:00 Knit n' Crochet (Ravine Room)* 11:00 Daily Chronicle & News 11:15 September IQ 1:00 Choir Practice (Auditorium)* 2:00 Activity Committee Meeting 2:30 Room to Room Visits-Activity Cart 3:00 Therapy Dog- Shelby 3:30 Creation & Concentration 6:00 Game Night*</p>	<p>2. 9:00 Stuffed Dog Committee (Ravine Room)* 10:00 Exercise: Marching! 10:30 Daily Chronicle & News 10:45 Sing Along with Jen 2:00 Bingo 3:30 Afternoon Walks</p>
<p>3. 10:00 Independent Activities: Puzzles, Games & Coloring 4:00 Vespers (Auditorium & In House Channel)*</p>	<p>4. Labor Day 10:00 Meet the Dietitian (Library)* 10:15 Exercise Video 10:45 Daily Chronicle & News 11:00 What am I? Trivia Game 2:00 Bingo 3:30 Afternoon Walks</p>	<p>5. 9:45 Music with Mary (Room to Room Visits-5th Floor) 10:00 Exercise: Strength & Stretch 10:30 Daily Chronicle & News 10:45 Who am I? Trivia Game 11:00 Hangman 1:00 Neighbors in Conversation (Main Lobby)* 1:30 Chair Aerobics-Small Group (Guild Room) 2:00 Men's Movie: "The National Parks" (5th Floor South Lounge)* 2:00 Gateway to the World Summer Reading Program Celebration (Library)* 3:30 Craft: Card Making 4:00 Hospitality Meeting 7:00 Movie Night: "BenHur" (Aud.)*</p>	<p>6. 10:00 Exercise: Weights 10:30 Daily Chronicle & News 10:45 Wacky Wordies 2:00 Western Day (Front Drive) 6:00 Manicures with Alice* 7:00 EdCom: "The OSU Marching Band: Yesterday and Today" Presented by Dr. Paul Droste (Auditorium)*</p>	<p>7. 10:00 Balance & Brains with Spencer 10:00 Room to Room Visits 10:30 Worship Service 11:00 Daily Chronicle & News 1:30 Bible Study (Ravine Room)* 2:00 Men's Movie: "T.A.P.S." (5th Floor South Lounge)* 3:00 Conversation with Friends (Main Lobby) 3:30 Afternoon Walks 4:00 Drama Group (Conference Room)* 7:00 Movie & Popcorn Night "Beauty and the Beast" (Auditorium)*</p>	<p>8. 9:30 Outing: Highbanks Metro Park Tram Ride & Picnic Lunch 10:00 Knit n' Crochet (Ravine Room)* 10:00 Bible Study (Garrison Lounge)* 1:00 Choir Practice (Auditorium)* 2:30 Room to Room Visits-Activity Cart 3:00 Therapy Dog- Shelby 3:30 Table Topics (5th Floor Elevator Lobby) 6:00 Game Night*</p>	<p>9. 9:00 Stuffed Dog Committee (Ravine Room)* 10:00 Crafts for Holiday Bazaar 1:30 Outing: Scenic Drive & Frosty's 1:30 Afternoon Movie: "Brooklyn" 3:30 Beading & Jewelry Making 7:00 OSU Football Game vs. Oklahoma</p>
<p>10. Grandparents Day 10:00 Independent Activities: Puzzles, Games & Coloring 4:00 Vespers (Auditorium & In House Channel)* National Assisted Living Week: September 10th-16th "Family is Forever"</p>	<p>11. 9:45 Water Aerobics w/Spencer (Pool) 10:15 Exercise Video* 10:45 Building our Wesley Glen Family Tree 1:30 Frank Himes: Art Reception (Library)* 2:00 Bingo 3:30 Chair Yoga with Spencer 4:00 Outing: Family Dinner at Villa Nova</p>	<p>12. 9:45 Hand Bells with Mary 10:45 Baking Treats for our Family Dogs 11:00 Pets are Family Discussion 1:00 Neighbors in Conversation (Main Lobby)* 2:00 Art Studio "Family is Forever" 2:00 Men's Movie: "Race" (5 South Lounge)* 4:00 Hospitality Meeting 6:00 Visiting our Families via Skype 7:00 Entertainment: Full Sound Chamber Group (Auditorium)</p>	<p>13. 10:00 Catholic Eucharist (Auditorium) 10:45 Resident Guessing Game 1:30 Outing: Ohio History Museum 2:00 Mexican Train Dominos 6:00 Manicures with Alice* 7:00 EdCom: "Russia" Part One (Auditorium)*</p>	<p>14. 10:00 Balance & Brains with Spencer 10:00 Room to Room Visits 10:30 Worship Service 11:00 Family Traditions Discussion 1:30 Bible Study (Ravine Room)* 2:00 Men's Movie: "Laurel & Hardy" (5th Floor South Lounge)* 2:00 Craft: Family Trees for Grandchildren 3:00 Resident Update (Auditorium)* 4:00 Drama Group (Conference Room)* 6:30 Family is Forever - Evening Games & Entertainment (Aud.)</p>	<p>15. 10:00 Exercise: Putting Green 10:00 Bible Study (Garrison Lounge)* 10:00 Knit n' Crochet (Ravine Room)* 11:30 La Chatelaine Picnic Lunch @ Wesley Glen 1:00 Choir Practice (Auditorium)* 2:00 Family Ice Cream, Social 2:30 Family Portraits 3:00 Therapy Dog- Shelby 3:30 Creation & Concentration 6:00 Game Night* 7:00 Sing Along (Ravine Room)*</p>	<p>16. 9:00 Stuffed Dog Committee (Ravine Room)* 10:00 Exercise: Music & Dance 10:30 Daily Chronicle & News 10:45 Morning Walks 1:30 Baking: Sweet Apple Crisp 2:30 OSU Puzzle 3:30 Football Tailgate Party 4:30 OSU Football Game vs. Army</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>17. 10:00 Independent Activities: Puzzles, Games & Coloring 4:00 Vespers: Worthington Woods Chapel Brass Band of The Salvation Army (Auditorium & In House Channel)*</p>	<p>18. 10:00 Chair Volleyball (Auditorium) 11:15 Outing: Shopworks Theatre Company– A Tribute to Mel Brooks & Lunch @ Lizard Tavern 1:30 Writing Group (Main Lobby Conference Room)* 2:00 Bingo* 3:30 Chair Yoga with Spencer*</p>	<p>19. 9:45 Music with Mary (Room to Room Visits-6th Floor) 10:00 Exercise: Strength & Stretch 10:30 Daily Chronicle & News 10:45 Word Challenge 1:00 Neighbors in Conversation (Main Lobby)* 2:00 Resident Council Meeting 4:00 Hospitality Meeting</p>	<p>20. 9:30 Meet with Meghan, our Nurse Practitioner (Library)* 10:00 Exercise: Weights 10:30 Daily Chronicle & News 10:45 What am I? Trivia Game 2:00 Craft: Birthday Luncheon Decorations 3:00 Inspirational Fellowship 4:00 Outing: Dinner Picnic & Animal Program @ Inniswood Gardens 6:00 Manicures with Alice* 7:00 EdCom: “South Africa” (Auditorium)*</p>	<p>21. 10:00 Balance & Brains with Spencer 10:00 Room to Room Visits 10:30 Worship Service 11:30 Birthday Luncheon (West Wood Dining Room) 1:30 Bible Study (Ravine Room)* 2:00 Men’s Movie: “The Best of Dean Martin” (5th Floor South Lounge)* 3:00 Conversation with Friends (Main Lobby) 4:00 Drama Group (Conference Room)* 6:00 Evening Walks with Brittany 7:00 Entertainment: Johnny Steiner (Auditorium)</p>	<p>22. First Day of Fall 10:00 Exercise: Putting Green 10:00 Knit & Crochet (Ravine Room)* 10:00 Bible Study (Garrison Lounge)* 11:00 Daily Chronicle & News 1:00 Choir Practice (Auditorium)* 1:30 Outing: Fall Scenic Drive 3:00 Therapy Dog-Shelby 6:00 Game Night* 7:00 Entertainment: Sunday @ Central Presents “Igor Lovchinsky” (Auditorium)*</p>	<p>23. 9:00 Stuffed Dog Committee (Ravine Room)* 10:00 Crafts for Holiday Bazaar 1:30 Afternoon Movie: “How Do You know?” OSU Football Game vs. UNLV-Time TBD</p>
<p>24. 10:00 Independent Activities: Puzzles, Games & Coloring 10:00 Catholic Liturgy of the Word & Communion (Auditorium)* 4:00 Vespers (Auditorium & In House Channel)*</p> 	<p>25. 9:45 Water Aerobics w/ Spencer (Pool) 10:15 Exercise Video* 10:45 Daily Chronicle & News 11:00 Hangman 2:00 Bingo 3:30 Chair Yoga with Spencer 6:30 Movie Night: “The Legend of Bagger Vance”</p>	<p>26. 10:00 Exercise: “Strength & Stretch” 10:30 Daily Chronicle & News 10:45 Book Club & Discussion 1:00 Neighbors in Conversation (Main Lobby)* 2:00 Art Studio “Family is Forever” 2:00 Men’s Movie: “Rudy” (5th Floor South Lounge)* 4:00 Hospitality Meeting 7:00 Team Trivia Night with Spencer (Auditorium)*</p>	<p>27. 10:00 Exercise: Weights 10:30 Daily Chronicle & News 10:45 What am I? Trivia Game 11:30 Educators Luncheon (Auditorium) 2:00 Mexican Train Dominos 3:30 Inspirational Fellowship 6:00 Manicures with Alice* 6:00 Crafts for Holiday Bazaar 7:00 EdCom: “Great Lodges of the Canadian Rockies” (Auditorium)*</p>	<p>28. 10:00 Balance & Brains with Spencer 10:00 Room to Room Visits 10:30 Worship Service 11:30 Men’s Luncheon (West Wood Dining Room) 1:00 Columbus Metropolitan Library Visit (Library)* 1:30 Bible Study (Ravine Room)* 2:00 Men’s Movie: “The National Parks” (5th Floor South Lounge) 2:00 Travel Club 3:00 Conversation with Friends (Main Lobby) 4:00 Drama Group (Conference Room)* 6:00 Swimming with Brittany 7:00 Entertainment: 4 Winds & Company (Auditorium)</p>	<p>29 10:00 Exercise: Putting Green 10:00 Knit & Crochet (Ravine Room)* 10:00 Bible Study (Garrison Lounge)* 10:30 Outing: Lunch @ Der Dutchman 11:00 Daily Chronicle & News 1:00 Choir Practice (Auditorium)* 2:30 Room to Room Visits- Passing Out October Calendars 3:00 Therapy Dog-Shelby 3:30 Creation & Concentration 6:00 Game Night*</p>	<p>30. 9:00 Stuffed Dog Committee (Ravine Room)* 10:00 Marching! 10:30 Daily Chronicle & News 10:45 Word Challenge 2:00 Bingo 3:30 Painting Fall Foliage OSU Football Game vs. Rutgers-Time TBD</p>