

Sunday

Monday

Tuesday

Wednesday

Thursday


Friday

Saturday



# February 2019

## Memory Care Activities

	<h1>February 2019</h1> <h2>Memory Care Activities</h2>					<p>10:30-Strength Ball W/ Spencer <b>1</b></p> <p>1:30-Baking Cookies</p> <p>2:30-Snack &amp; Chat</p> <p>3:15-In the News</p> <p>3:45-Balloon Toss</p> <p>4:15-Menus &amp; Music</p> <p>6:15-Puzzle Night</p> <p>6:45-Cookies &amp; Cocoa</p>	<p>1:30-1:1 Visits <b>2</b></p> <p>2:30-Special Snack</p> <p>3:15-All about Groundhog Day!</p> <p>3:45-Batting the Balloon</p> <p>4:15-Menus &amp; Music</p> <p>6:15-Jokes and Riddles</p> <p>6:45-Evening Groups</p> <p style="text-align: right;"><small>Groundhog Day</small></p>
<p>1:30-Good News Stories <b>3</b></p> <p>2:00-Scarf Dancing</p> <p>2:30-Snack &amp; Chat</p> <p>3:15-Menus &amp; Music</p> <p><b>4:00-Vespers</b></p> <p>6:15-Singing the Hymns</p> <p>6:40-Evening Gathering</p>	<p><b>11:00-Worship Service 4</b></p> <p>1:30-Ball Toss</p> <p>2:00-Current Events</p> <p>2:30-Snack &amp; Chat</p> <p><b>3:00-Music W/ Mary Kerr</b></p> <p>4:15-Menus &amp; Music</p> <p>6:15-Story Telling</p> <p>6:40-Chat &amp; Mingle</p>	<p><b>10:00-Cooking W/ Melissa 5</b></p> <p>1:30-Exercise</p> <p>2:00-Chronicle &amp; News</p> <p>2:30-Snack &amp; Chat</p> <p>3:15-Chinese New Year Traditions</p> <p><b>3:30-Music W/ Mac Swinford</b></p> <p>4:30-Menus &amp; Music</p> <p>6:15-Youtube Videos: Funny Pets</p> <p style="text-align: right;"><small>Chinese New Year</small></p>	<p><b>2:00-Balloon Badminton (AUD)</b></p> <p>3:15-Snack &amp; Chat</p> <p>3:45-Light Stretches to Music</p> <p>4:15-Menus &amp; Music</p> <p>6:15-Happy Birthday Zsa Zsa Gabor</p> <p>6:45-Sort &amp; Fold</p>	<p>11:15-Chronicle &amp; News <b>7</b></p> <p>1:30-Flex &amp; Stretch</p> <p>2:00-Sing a Long with Georgina Rae</p> <p>2:30-Snack &amp; Chat</p> <p>3:15-Freestyle Art</p> <p>3:45-Motor Skills W/ Yarn</p> <p>4:15-Menus &amp; Music</p> <p>6:15-Comedy W/ Cindy</p> <p>6:45-Chicken Soup Stories</p>	<p><b>10:30-Strength Ball W/ Spencer 8</b></p> <p>1:30-Creative Drawings</p> <p>2:00-Chronicle &amp; News</p> <p>2:30-Snack &amp; Chat</p> <p>3:15-Travelogue</p> <p>3:45-Music Memories</p> <p>4:15-Menus &amp; Music</p> <p>6:15-Evening Stretches</p>	<p>1:30-1:1 Visits <b>9</b></p> <p>2:30-Special Snack</p> <p>3:15-Chronicle &amp; News</p> <p>3:45-Flex &amp; Stretch</p> <p>4:15-Menus &amp; Music</p> <p>6:15-Chicken Soup Stories</p> <p>6:45-Butterfly Touches</p>	
<p>1:30-Good News Stories <b>10</b></p> <p>2:00-Scarf Dancing</p> <p>2:30-Snack &amp; Chat</p> <p>3:15-Menus &amp; Music</p> <p><b>4:00-Vespers</b></p> <p>6:15-Singing the Hymns</p> <p>6:40-Evening Gathering</p>	<p><b>11:00-Worship with Bill &amp; Marty 11</b></p> <p>1:30-Stretch</p> <p>2:00-Chronicle &amp; News</p> <p>2:30-Snack &amp; Chat</p> <p>3:15-Sing a Long</p> <p>3:45-Dog Show Day</p> <p>4:15-Menus &amp; Music</p> <p>6:15-Puzzles &amp; Games</p> <p>7:00-Relaxation</p>	<p><b>10:00-Cooking W/ Melissa 12</b></p> <p><b>1:30-Mini Makeovers W/ Judy &amp; Zack</b></p> <p><b>2:30-Valentine's Dance and Social</b></p> <p>3:30-Chronicle &amp; News</p> <p>4:15-Menus &amp; Music</p> <p>6:15-Evening Exercise</p>	<p>1:30-Flex &amp; Stretch <b>13</b></p> <p>2:00-Chronicle &amp; News</p> <p>2:30-Snack &amp; Chat</p> <p>3:15-Longword</p> <p>3:45-Round Table Groups</p> <p>4:15-Menus &amp; Music</p> <p>6:15-Trivia</p> <p>6:45-Assorted Tea and Cookies</p>	<p><b>11:30-Couple's Luncheon (AUD) 14</b></p> <p>2:00-All about Valentine's Day</p> <p><b>2:30-Valentine's Special Snack</b></p> <p>3:15-Sittercise</p> <p>3:45-Mind Joggers</p> <p>4:15-Menus &amp; Music</p> <p>6:15-Favorite Love Songs</p> <p style="text-align: right;"><small>Valentine's Day</small></p>	<p><b>10:30-Strength Ball W/ Spencer 15</b></p> <p>1:30-Comedy Show</p> <p>2:00-Daily News</p> <p>2:30-Snack &amp; Chat</p> <p>3:15-Manicures &amp; Magazines</p> <p>4:15-Menus &amp; Music</p> <p>6:15-Hobby Talk</p> <p>6:45-Sorting</p>	<p>1:30-1:1 Visits <b>16</b></p> <p>2:30-Special Snack</p> <p>3:15-Chronicle &amp; News</p> <p>3:45-Exercise</p> <p>4:15-Menus &amp; Music</p> <p>6:15-Yarn Exploration</p> <p>6:30-Hymns W/ Clay</p>	
<p>1:30-Good News Stories <b>17</b></p> <p>2:00-Scarf Dancing</p> <p>2:30-Snack &amp; Chat</p> <p>3:15-Menus &amp; Music</p> <p><b>4:00-Vespers</b></p> <p>6:15-Singing the Hymns</p> <p>6:40-Evening Gathering</p>	<p><b>11:00-Worship with Bill &amp; Marty 18</b></p> <p>1:30-Flex and Stretch</p> <p>2:00-Chronicle &amp; News</p> <p>2:30-Snack &amp; Chat</p> <p><b>3:30-Scott Steelman Entertains</b></p> <p>4:30-Menus &amp; Music</p> <p>6:15-Discuss &amp; Recall: Favorite Desserts</p> <p style="text-align: right;"><small>Presidents' Day (US)</small></p>	<p><b>10:00-Cooking W/ Melissa 19</b></p> <p>1:30-Exercise</p> <p>2:00-Chronicle &amp; News</p> <p>2:30-Snack &amp; Chat</p> <p>3:15-Fascinating Facts</p> <p>3:45-Round Table Groups</p> <p>4:15-Menus &amp; Music</p> <p>6:15-Music Memories</p> <p>7:00-Relax &amp; Chat</p>	<p><b>2:00-Chair Volleyball (AUD) 20</b></p> <p>3:15-Snack &amp; Chat</p> <p>3:45-Chronicle &amp; News</p> <p>4:15-Menus &amp; Music</p> <p>6:15-Sing a Long</p> <p>6:45-Evening Mingle</p>	<p><b>11:30-Birthday Luncheon 21</b></p> <p><b>1:30-Columbus Folk Music Society Entertains</b></p> <p>2:30-Snack &amp; Chat</p> <p>3:15-In the News</p> <p>3:45-Exercise</p> <p>4:15-Menus &amp; Music</p> <p>6:15-Evening Movie</p>	<p><b>10:30-Strength Ball W/ Spencer 22</b></p> <p>1:30-Judy Garland Presentation</p> <p>2:00-Good News</p> <p>2:30-Snack &amp; Chat</p> <p>3:15-Friday Trivia</p> <p>3:45-Round Table Groups</p> <p>4:15-Menus &amp; Music</p> <p>6:15-Sports Reminiscing</p> <p>6:45-Freestyle Art</p>	<p>1:30-1:1 Visits <b>23</b></p> <p>2:30-Special Snack</p> <p>3:15-In the News</p> <p>3:45-Exercise</p> <p>4:15-Menus &amp; Music</p> <p>6:15-Puzzles</p> <p>6:45-Evening Relaxation</p>	
<p>1:30-Good News Stories <b>24</b></p> <p>2:00-Scarf Dancing</p> <p>2:30-Snack &amp; Chat</p> <p>3:15-Menus &amp; Music</p> <p><b>4:00-Vespers</b></p> <p>6:15-Singing the Hymns</p> <p>6:40-Evening Gathering</p>	<p><b>11:00-Worship Service 25</b></p> <p>1:30-Chair Stretches</p> <p>2:00-Chronicle &amp; News</p> <p>2:30-Snack &amp; Chat</p> <p>3:15-Word Games</p> <p>3:45-Small Groups</p> <p>4:15-Menus &amp; Music</p> <p>6:15-Chicken Soup Stories</p>	<p><b>10:00-Cooking W/ Melissa 26</b></p> <p>1:30-Balloon Toss</p> <p>2:00-In the News</p> <p>2:30-Snack &amp; Chat</p> <p>3:15-Freestyle Art</p> <p>3:45-Hangman</p> <p>4:15-Menus &amp; Music</p> <p>6:15-Reminisce Magazine</p>	<p><b>8:00-Zack &amp; Melissa's Pancake Breakfast 27</b></p> <p>10:30-In the News</p> <p>11:15-Flex &amp; Stretch</p> <p>1:30-Word Games</p> <p>2:00-Sensory Games</p> <p>2:30-Snack &amp; Chat</p> <p>3:15-Crazy Weather Stories</p> <p>3:45-Reminisce Magazine</p> <p>4:15-Menus &amp; Music</p>	<p>11:15-Banana Smoothies <b>28</b></p> <p>1:30-Exercise</p> <p>2:00-Chronicle &amp; News</p> <p>2:30-Snack &amp; Chat</p> <p>3:15-Memory Magic</p> <p>3:45-February Reflections</p> <p>4:15-Menus &amp; Music</p> <p>6:15-Story Telling</p> <p>7:00-Relaxation</p>	<p>Please Note, Activities are subject to change</p>		