Standing Together in Community
Methodist ElderCare Services and all of its affiliates (Wesley Glen, Wesley Ridge and Wesley Hills) are not-for-profit corporations under section 501(c)3 of the Internal Revenue Code. Generally, our constituents (to whom this annual report is directed) are aware of this fact and aware of the unique features of not-for-profit organizations.

For example, the following pages depicting donors show that hundreds of you are familiar with the fact that donations made to any of our entities entitles you to an income tax deduction, because we serve the public good and therefore you ought not be taxed on your gift. Without such donations, we could not continue to provide charitable care to one in ten of the people we serve.

Additionally, our affiliation with the West Ohio Conference demonstrates that we share the faith and traditions of the United Methodist Church. Residents and employees of all faiths and creeds confidently rely on our commitment to operate within Christian principles, as shown by our purpose statement: "At Wesley Glen and Wesley Ridge we provide quality housing, health care and services to seniors, in an intentionally Christian community, while assuring a firm financial foundation."

We not-for-profit organizations are driven by a mission to serve, not by a motive to generate profit. Therefore, we provide services which do not strengthen our bottom line, but are critically important to our vision of meeting the unmet needs of seniors in Central Ohio. Life Center Adult Day Services, providing daytime care for hundreds of east side seniors this year, fails hugely to cover its costs-- but succeeds dramatically in helping older people to stay in their own home longer, more economically and more safely.

However, what is sometimes not known is that research shows that not-for-profit health care organizations also provide better health care than their for-profit counterparts do.

--Mark Schlesinger, professor of health policy, Yale University

It should not be surprising then, that a study by CNA, one of the largest insurers of long-term health care providers, supports the not-for-profit difference. In a study of their 2,334 closed claims in the ten-year period ending in 2005, CNA found that there are more claims for patient injuries against for-profit long-term care providers and that average severity of harm in for-profit facilities is substantially higher (as measured by the indemnity and expenses paid), than for injuries when under the care of not-for-profit providers.

This commitment to people before profits gives not-for-profit health care providers a credible voice in the development of public policy. However, as competition for state and federal reimbursement becomes keener, for-profit nursing homes, with political war chests containing millions of dollars, are getting smarter and better at influencing new regulations to strengthen stock portfolios, not staffing ratios.

We at Methodist ElderCare Services are proud of and committed to the values that are demonstrated by our not-for-profit status: charitable care with dignity, meeting unmet needs, putting people before profit and providing demonstrably better and safer health care. Within larger context, we value the support of those who stand with us when better-funded for-profit long-term care organizations seek to twist Ohio's Medicaid system into a profit center, rather than a funding mechanism for better quality care. We also depend on your future assistance in the continuing battle for optimum health care for Ohio's seniors.

Closer to home, please know that we also appreciate those of you who demonstrate your confidence in the abilities of Wesley Glen and Wesley Ridge staff by allowing us to care for your loved one. We continue to be here, not for the profit, but for the purpose.

Thank you.

Robert L. Rouse, Jr.
If not for the support of neighboring trees, a giant redwood could not reach towering heights but would topple to the ground. Each redwood has a very shallow root system that alone cannot bear the tree's size; but as the redwoods grow side-by-side in a grove, their root systems become interconnected, forming a strong foundation for their continued growth. Together they create a stable community; separately they would fall.

Just as the giant redwoods are strengthened by community, so too is Methodist ElderCare Services. We are supported by a community comprised of our volunteers, employees, residents, clients and, unselfishly, by our donors.

In 2005, over 300 donors joined with us in delivering services through their charitable gifts. Each donation strengthened the foundation on which our programs are built. We are truly honored that each of these people chose to partner with us to provide quality housing, health care and services to seniors.

The not-for-profit difference Rob Rouse mentions in his letter (on the opposite page) is directly linked to the gifts we receive from people like you. As government reimbursement shrinks and the need for charitable care increases, the role philanthropy plays throughout Methodist ElderCare Services becomes more and more important. Thank you for helping us to meet the need through your support.

We invite you to contact Janet Wermuth, Chief Development Officer, at (614) 501-1458 for more information about how donations enhance the services provided through Wesley Glen, Wesley Hills, Wesley Ridge and the Life Center Adult Day Services.

In 2005, Charitable Care totaling nearly $632,000 was provided by Methodist ElderCare Services and its affiliates.
Focus on Wellness

The beautiful white trunks of the sycamore are visible from quite a distance. These trees love the wet soil near streams and the Indians always knew to look for the white trees when they needed water.

Wesley Glen stands out in the same manner as a premier retirement community that quenches the thirst for community and wellness in mind, body and spirit. The focus in 2005 was wellness. The emphasis is shared equally in body, mind and spirit.

Activities abound for physical wellness, including Chair tai chi, therabands class, sittercise exercise with beachballs, walking in the ravine and a fourth floor exercise room are all available for residents. The body is well taken care of at Wesley Glen.

If problems or questions arise, a nurse is available during clinic hours to take care of medical needs. A podiatrist, dentist, psychologist, psychiatrist, neurologist, audiologist, optometrist and four primary physicians also visit at scheduled times throughout the month. The clinic makes it possible for residents to get answers to questions, to see a doctor or other specialist at their convenience, or get moral support that they are doing well here. Knowing that the clinic is here gives the residents a sense of security.

Wesley Glen has a wealth of activities, programs and interest groups that challenge and involve the most astute minds. Wesley Glen University offerings, the Harold B. Williams Symposium, creative writing group, clay therapy, orchestra and musical performances, current event discussions, quilting, even puzzles and euchre are available to keep your mind operating in high gear!

And last and by no means least – the spirit may be the most important attribute of wellness. Bible studies and devotions are available various times throughout the week. Vespers is offered on Sunday afternoon and a worship service lead by a chaplain is also held on Thursday morning. The two chaplains, Rev. Confar and Rev. Baer, are always available on a one-to-one basis if a resident requests to speak with them privately. Catholic mass is offered on a monthly basis.

As the sycamore signaled sustenance, so Wesley Glen offers nourishment for the well-being of the individual and the community. To learn more about the wellness benefits at Wesley Glen call (614) 888-7492.
Social Accountability

A commitment to others and the determination to make the world a better place provides excellent community support by residents and staff through a variety of programs.

Continuing Education

- Wesley Glen University and Wesley Ridge University enable residents to further their education.
- Wesley Glen hosts interns from OSU’s Nursing School.
- Local day care facilities, elementary schools and high schools participate in intergenerational programs.

Wellness Programs

- Health and Fitness Day, CPR classes, Mammography Van and blood drives provides residents, staff and surrounding community to participate in opportunities that contribute to the improved health of the community.
- Employee Wellness Committees at Wesley Glen and Wesley Ridge are developed to promote health consciousness and provide practical steps for staff to make healthy choices.
- Kids N Kanine visit the Health Center.

Mission Work

- Cat Welfare– Health Center activities department donated 26 jigsaw puzzles and 2 large stuffed animals.
- Worthington Christian School Student Council shared Valentine’s Day joy by sharing Bible verses and singing.

Advocacy

- Teams from Wesley Glen, Wesley Ridge and Life Center raised money and participated in the Alzheimer’s Memory Walk.
- As a member of the Association of Ohio Philanthropic Homes, Housing and Services for the Aging (AOPHA), ElderCare speaks out regularly in favor of improved funding and legislation supporting senior programs.
- Chamber of Commerce breakfasts, Rotary Board meetings and other civic and church related events are held at Wesley Glen and Wesley Ridge at no charge.

Support Groups

- Alzheimer’s Support groups meet monthly at several locations and varying times.

Charitable Care

- Wesley Glen residents volunteer in Susanna’s Shop raising money for The Fund for Charitable Care.

Deficiency Free

An orchard is a grouping of trees that provide fruit and sustenance to the community. Life Center, a division of Wesley Ridge Retirement Community, provides daytime care for seniors at community locations. These locations, three in local United Methodist Churches, provide care and nurture to clients and their families by providing needed services for the clients and time away for the caregivers.

As a confirmation of the wonderful job Life Center is doing in the community, a deficiency-free rating was received in 2005 by our multiple funding sources.

The Quality Assurance Coordinators from the Veteran’s Administration, PASSport and Franklin County Senior Options look at different aspects, including quality of care, record keeping, staff education and development, policies and procedures and satisfaction results. “It’s a seal of approval for clients and families, and a proud accomplishment for staff,” said Michelle Crum, Life Center director. Call (614) 866-7212 for information.

Life Center had 100 new clients in 2005. Fifty-two of these were government funded and forty-eight paid privately.
Wesley Ridge

Outstanding Showing

Wesley Ridge borders Blacklick Metro Park, and like a grouping of maples in those woods in the fall, Wesley Ridge is making a show in the community with quality care that meets the needs for seniors on the east side of Columbus.

The second year of customer satisfaction surveys continued to be consistently high and averaged 92%. With customer satisfaction at a high level, Wesley Ridge enjoyed a record residential census with 94% occupancy rate over the year.

Respite care is another way Wesley Ridge served the community. Respite, defined as “an interval of relief and rest,” is offered to give the caregiver a break in caring for their loved one. The length of stay is tailored to meet the needs of the individual or family, be it short-term or long-term.

Life Center families also benefitted from respite care by enabling their loved one to receive care past the daytime hours. Caregivers avail themselves of respite so they are able to go out of town free from worry about their loved one’s well-being. Families and local hospitals also used respite at Wesley Ridge for seniors who were released from the hospital and still were in need of additional health care.

For more information about respite care or other topics, please call Wesley Ridge at (614) 759-0023.

Pictured above: The colors of Blacklick Metro Park, adjoining Wesley Ridge, glow in the fall sunlight.

Pictured below: Richard Holliday took the reins of Dining Services in the middle of 2005 and very quickly made a showing at the Taste of Gahanna.

Wesley Ridge received an award for the BEST PRESENTATION. Congratulations Richard ~ we can’t wait to see what you create in 2006!
Destined to be the tall sturdy oak on the east side of Columbus, Parkside at Wesley Ridge, the tallest building in Reynoldsburg, began moving in residents in December 2005. This more than $20 million project was completed early and under budget. The services available to the current and future residents of Wesley Ridge are greatly enhanced by the building’s completion. Senior adults can shed the challenges of home upkeep and begin to enjoy the benefits of a “carefree lifestyle.”

Starting as a small acorn placed in the ground, the steel beams were visible in the snow in January of 2005, May brought the covering of the steel framework, and by December the first snow of the winter coated the beautiful new building and portico entrance.

Parkside has 87 spacious one and two bedroom apartments for active and independent seniors overlooking the Blacklick Woods Metro Park and Golf Course. Residents of Parkside enjoy an active lifestyle, with rich activities and friendships. Parkside features a formal and private dining room, fitness center, Columbus Room lounge, outdoor terrace, Bistro where we Proudly Brew Starbucks®, bank, postal center, library, theatre and more.

Call (614) 759-0023 for more information.
The vision of Wesley Hills has inspired and motivated the members of the board and its committees for over half a dozen years. More than an idea, more than a mental picture, more than an image, the concept of a continuing care retirement community in the Lancaster area has inspired volunteers and supporters to remain dedicated and motivated.

More than $360,000 has been given or pledged toward this project. Wesley Way, the street by which future residents and clients of Wesley Hills will access their community, is completed. The city utilities are in place. Soil borings have been taken and additional fill dirt received to prepare for the initial buildings. Architectural drawings depict the condo community that is slated for construction in 2006.

The Board of Trustees meets monthly to monitor progress and focus on essential development issues. The board has hired a director of the capital campaign to continue the efforts of previous years. The groundbreaking took place in the spring of 2006 and a marketing staff person is on board.

If you would like to schedule a group presentation about Wesley Hills, offer financial support or get more information, please call Debra Fondoulis at (740) 681-2686.
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Methodist ElderCare Services

Looking at the figures

2005 Revenue Funding Sources

Private 75.9%
Medicaid 12.9%
Medicare 8.0%

Contributions 1.8%
Other Income 1.4%

2005 Operating Expenses by Class

Total Staffing Costs 56.3%
Building & Grounds 2.9%
Medical Supplies & Services 5.3%
Other Operating Expenses 7.2%
Depreciation 7.9%
Interest 9.8%
Utilities 3.7%
Medical Supplies & Services 5.3%
Food 5.0%
Other Operating Expenses 7.2%
Depreciation 7.9%
Interest 9.8%

Utilities 3.7%
Medical Supplies & Services 5.3%
Food 5.0%
Other Operating Expenses 7.2%
Depreciation 7.9%
Interest 9.8%

Promotion and Fund Development .8%
Insurance 1.3%

Private 75.9%
Medicaid 12.9%
Medicare 8.0%

Contributions 1.8%
Other Income 1.4%
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**Methodist ElderCare Services**

An Elderly Housing, Health Care and Services Provider Affiliated with the West Ohio Conference of The United Methodist Church.

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